

MENTAL WELLBEING IN THE WORKPLACE

SUMMIT AGENDA

7.00am-7.15am	Captains of industry breakfast registration
7.15am-8.15am	Captains of industry breakfast
8.15am-8.30am	Main Summit registration
9.05am-9.10am	Opening remarks Rick Sturge - Regional Chair, Business in the Community
9.10am-9.30am	The scale of the mental health problem Louise Aston - Wellbeing Director, Business in the Community Faye McGuinness - Wellbeing Director, MIND
9.30am-10.15am	Panel Debate: How can UK plc respond to the mental health crisis in the workplace Tony Bickerstaff - Chief Financial Officer, Costain Brendan Street - Head of Emotional Wellbeing, Nuffield Health Peter Cheese - Chief Executive, CIPD Neha Khatwani - Public Affairs, Policy and Research Manager, PRCA James Durie - Chief Executive, Bristol Chamber and Initiative/ Business West
10.15am-10.45am	Employee mental health story tellers Dr Wolfgang Seidl - Partner- Workplace Health Consulting, UK and Europe, Mercer Marsh Benefits™ Melissa Tallack - Head of Enterprise Information Delivery, Anglian Water Group Manish Solanki - Operational Risk Consulting Lead, Mercer Marsh Benefits™ Richard Wright - Control Systems Officer, National Grid
10.45am-11.05am	Coffee break and networking
11.05am-11.45am	Best practice mental wellbeing in the workplace Part 1 Kam White - Head of People & Culture EMEA, Hotwire PR Nicola Rich - HR Consultant, Stride Treglown Victoria Goldsworthy - Senior Learning & Development Partner at Burges Salmon LLP
11.45am-12:20pm	Best practice mental wellbeing in the workplace Part 2 Stephen Harris - OVO Energy Ed Walsh - Lead Product Manager, Hargreaves Lansdown Stephanie Fitzgerald - Senior Business Partner, Mental Health, Rolls-Royce
12.30pm-1.30pm	Lunch and networking

Please note that the programme is subject to change and the schedule will be updated on the Summit Agenda page on our website.



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1.30pm- 2.10pm	The power of sport in mental wellbeing Rebecca Jones - National Partnerships Lead, Sport England Steve Nelson - Chief Executive Officer, Wesport Nick Fenton-Wells - Bristol Sport
2.10pm- 2.40pm	Who looks after the leaders? Rob Stephenson - founder InsideOut Philip Dyer - founder of Healthy Leaders
2.40pm- 3.15pm	Getting employees engaged in your mental wellbeing initiatives Nick Elston - Founder of Forging People Rosie Ruciman - Founder of TeamDoctor
3.15pm- 3.30pm	Coffee break and networking
3.30pm- 4.10pm	Preparing young people for the world of work Faye McGuinness - Wellbeing Director, MIND John de Pury - Assistant Director of Policy, Universities UK Rich Berry - Education Consultant Dr Dominique Thompson - GP, young people's mental health expert, TEDx speaker
4.10pm- 4.30pm	The key steps to implementing a successful mental wellbeing strategy in your workplace Marc Caulfield - CEO and Co-Founder, Demolish the Wall
4.30pm- 5pm	What next for mental wellbeing in the workplace Stephen Harris - OVO Energy Ed Walsh - Head product Manager, Hargreaves Lansdown
Close and networking	